* **Restores magnesium levels**
* **Helps muscle recovery**
* **Relieves joint pain**
* **Helps calcium absorption**
* **Relieves stiffness and cramping**
* **Improves Sleep**
* **Relieves headaches**

**Application:** spray directly on the skin and massage gently. An itching sensation will occur initially which is normal and should subside. 10 sprays deliver 2 ml of solution which equals 206 mg of pure magnesium

**Warning:** For external use only. Avoid contact with the eyes. Recommended small patch test at first. If skin irritation is persistent, discontinue use.

**Magnesium  
Oil  
Gold Standard in transdermal magnesium supplementation**

* **Fast and efficient**
* **Highly absorbent**
* **Purest undiluted quality**

**T**opical grade Magnesium oil straight from the Zechstein source which is the purest source on Earth.

**I**ngredients:31% pure Zechstein Magnesium Chloride in accordance with the certified Zechstein Inside batch protocol.

**D**elivered in a high-quality reusable glass bottle to prevent chemicals leaching into the magnesium brine.

4oz (118ml)

Recycle Symbol

Glass Bottle